

## Pencil Grips

Most children do not need a pencil grip on their pencil. As their fine motor strength, endurance and accuracy develops they are able to adopt and maintain an efficient pencil grip throughout pencil activities.

Some children find it difficult to hold and control a pencil so that they are able to complete required pencil tasks. Other children tire quickly and experience pain when using a pencil. In these circumstances, a grip on the pencil can be useful to support development of efficient grip patterns whilst the child's fine motor accuracy, endurance and strength develops.

There are many grips available commercially. The grips shown below are commonly used and recommended by Jump Up For Kids therapists and are available from [pencilgripsplus.com.au](http://pencilgripsplus.com.au)



Twist n Write Pencil



Clow pencil grip



Crossover grip