



Visual Perception

What is it?

Visual perception refers to the brain's ability to make sense of what the eyes see. Visual perception includes the ability to track visually, remember the shape of different objects, recognise similarities and differences between shapes, pick out important information from a busy background, remember sequences of visual information and focus on different aspects of their work. Strong visual perceptual skills are needed for reading, writing, cutting, drawing and completing math problems as well as many other skills. A child who has problems with perceptual processing might have difficulties doing puzzles, copying block designs, discriminating shapes, pictures or letters.

How to develop it

- Mazes
- Spot the difference pictures
- Puzzles
- Memory cards – find the matching pair
- Tangrams
- Where's Wally
- Find the hidden objects in a picture
- Dot to dot
- Find a certain letter on a magazine page
- Kim's game – show household objects then remove or shuffle objects while child has eyes closed. See if they can spot what's changed
- Card games – uno, dobble, snap, go fish